Welcome to Family and Consumer Science

(FCS Exploratory)

Teacher: Ms. Anna Alex   **Contact:** aalex@d181.org
Length: One quarter, every other day

Course Description: This course introduces students, male and female, to the following areas of Family and Consumer Science: Clothing Construction and Foods and Nutrition. Students will be introduced to principles involved in becoming a responsible consumer, focus on making healthy food choices, basic food principles and preparation techniques as well as, constructing a sewing project. In this hands on atmosphere, students will practice the necessary skills need to live independently.

Materials: Folder with pockets/binder, notebook/paper, pen/pencil, and CHMS handbook.

Grading: Students will be graded on homework/participation, classwork, labs and projects. Please see your class folder titled "FCS Exploratory" for missed work.

Student expectations:
Guidelines for success in the classroom and lab:

Strive for Success

Respect Yourself

Respect Others

Respect our Classroom

Be Polite
*Please make sure to be on time to class each day. Tardies will be given out and consequences will be issued.

Class Projects include:
Foods: (3) labs including recipes made from scratch
Clothing Construction: Sewing machine usage, hand sewing, and student will have the opportunity to make their own pillow.

Please feel free to contact me via e-mail anytime. I will discuss **allergies** the first day of class and we will work together to make appropriate substitutions throughout the semester. Please feel free to contact me with questions and/or concerns. I look forward to teaching and learning with you!

Very sincerely,

Miss. Anna Alex

Parents and Students:

This form must be signed by both parties and returned by _____

I, _____ have read and understand the above classroom policies and will abide by them when present in this classroom.

_____
Student signature   Date

I, _____ have read and understand the above classroom policies and realize it is my student's responsibility to abide by them in order to be successful in this foods class.

_____
Parent signature   Date